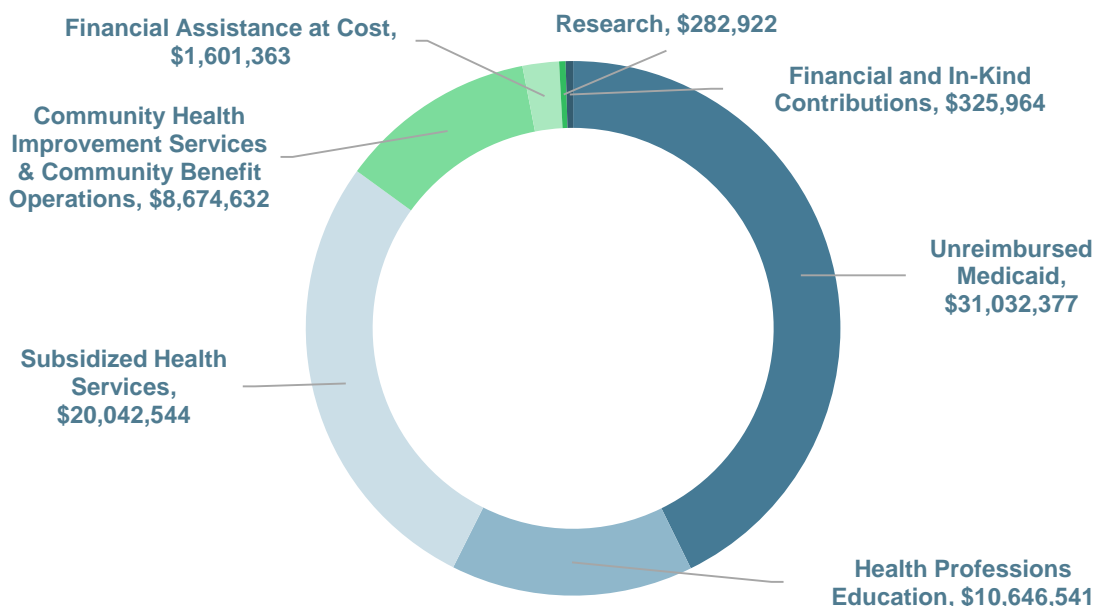


# MIDDLESEX HEALTH COMMUNITY BENEFIT REPORT 2022

Middlesex Health's Community Benefit programs provide us with the opportunity to fulfill our commitment to improving the health and well-being of the communities we serve. Each year, Middlesex Health collects data based on its programs and services that meet specific community benefit criteria, which include responding to identified health and well-being needs, access issues, barriers to care and serving vulnerable populations.

Middlesex Health understands the importance of measuring community health and uncovering barriers to care, promoting health equity, creating evidence-based initiatives that respond to identified need, and collaborating with community partners to develop meaningful and sustained health improvement. Given this, a key component of our community benefit activities is conducting a Community Health Needs Assessment (CHNA) every three taxable years. Our CHNA Implementation Strategy serves to guide targeted initiatives based on identified community need. Middlesex Health's most recently completed CHNA and CHNA Implementation Strategy can be found through [this link](#).

**In 2022, Middlesex Health's Community Benefit totaled \$72,606,343 with 72,165 served.**



*The above financial data is for fiscal year October 1, 2021 through September 30, 2022 and reflects the data included in Middlesex Health's Schedule H of the IRS Form 990 for this time period.*

The above values do not include Community Building, which is \$180,821 with 46 served for fiscal year 2022.

# MIDDLESEX HEALTH COMMUNITY BENEFIT REPORT 2022

**Community Health Improvement Services** include programs offered by the Hospital beyond patient care activities - they include community health education, health care support services, community-based clinical services, and increased access to health services, especially to vulnerable populations.

## General Support Groups

- Allies / Friends / Family Support Group
- Bereavement Support Group
- Breastfeeding Support Group
- Caregivers Support Group
- COVID-19 Support Group
- Gender Discussion Support Group (Female)
- Gender Discussion Support Group (Male)
- Leukemia, Lymphoma, and Multiple Myeloma Support Group
- Managing Grief During The Holidays
- Non-Binary Support Group
- Postpartum Support Group
- Together We Survive Support Group
- Young Widows and Widowers Support Group

## Community Based Clinical Services & Healthcare Support Services

- Cancer Care Management Program / Navigation Services
- CMS Accountable Health Communities Health Related Social Needs Program
- Flu Immunization Clinics
- Integrative Medicine
- Survivorship Program
- Community Health Center Prenatal Program and Partnership

## Educational Health Programs & Other Health Education

- Cancer Education
- Community Health & Well-Being Education
- Pregnancy & Birth Center Classes (subsidized)
- Prevention Day

## Other Community Health Improvement Services & Support

- Cancer Survivors Day
- Grant Writing Support for Community Partners
- Health Equity Initiatives
- Journal Writing
- Look Good...Feel Better
- Medicaid Enrollment Assistance
- Memorial Services
- Middlesex County Chamber of Commerce Healthcare Council Program Support
- Wig Room

## Social Drivers of Health Initiatives

- Childhood Readership: Reach out and Read; Read to Grow; Greater Middletown for Equity in Medical Careers Opportunities (GMEMCO) Books Initiative
- Diaper Connections
- Middletown Community Thanksgiving Project
- Prescription for Healthy Eating
- Prescription Assistance
- Transportation Assistance
- United Fathers Farm / Family Advocacy Vegetable Program

**Research** (Clinical studies through research help to determine new or more effective methods of treatment).

- Cancer Center Clinical Trials
- Institutional Review Board (IRB)

## MIDDLESEX HEALTH COMMUNITY BENEFIT REPORT 2022

**Health Professions Education** is an institutional commitment to preparing students for clinical and administrative futures in healthcare and provides extensive on-site educational programs and training.

- Family Medicine Residency Program
- Internships in Clinical & Non-Clinical Departments
- Medical Students
- Nursing Students
- Radiology School

**Subsidized Health Services** meet a defined need and routinely operate at a loss. They continue to be offered in order to serve the community rather than for financial gain.

- Ambulatory Infusion
- Behavioral Health (Inpatient and Outpatient)
- Cardiac Rehabilitation
- Care at Home / Homecare
- Center for Chronic Care Management (Asthma; Chronic Heart Failure; Chronic Obstructive Pulmonary Disease/COPD; Diabetes; Fit For Kids; Medical Nutrition Therapy; Smoking Cessation)
- Family Advocacy Program (child and adolescent behavioral health; maternal child health; Early Head Start; Opportunity Knocks; Women, Infants and Children/WIC)
- Family Medicine Group
- Hospice
- Paramedics
- Wound Care

**Community Benefit Operations** include costs associated with staff, strategy, operations, planning and community health needs assessment.

- Staffing & Operations
- Community Health Needs Assessment (CHNA)
- CHNA Implementation Strategy Program Planning, Development & Implementation
- Organizational Grant Management

**Financial Contributions** are made by the Hospital to support charitable organizations. **In-Kind Contributions** are made the Hospital and staff members while on work time to support community initiatives.

- Corporate Cash Donations to Mission-Driven Community Organizations
- In-Kind staff time for community-based programs (ongoing Food Drives; United Way Drive; Adopt-A-Family Drive; Blood Drive; Participation on Community Boards)
- Supply Donations

Participation in **Community Collaboratives** is integral to promoting community health, well-being and health equity.

- Greater Middletown Health Enhancement Community
- Greater Middletown Opioids Task Force
- Greater Middletown for Equity in Medical Careers Opportunities (GMEMCO) Collaborative
- Greenlight Manhood Mental Health & Well-being Initiative
- Middlesex County Community Care Team
- Middlesex County Branch NAACP Health Committee
- Middlesex County Perinatal Health Collaborative
- Ministerial Health Fellowship Health Equity Initiatives
- Ministerial Health Fellowship Pregnant With Possibilities Maternal Child Health Program

**Community Building Activities** support community assets by offering healthcare expertise and resources.

- Disaster Planning & Readiness
- Medical Explorers Health Equity Workforce Development Program

For questions about Middlesex Health's programs, please call: (860) 358-6000