

Use Middlesex Health Facilities To Earn Credit!



Middlesex Health is offering employees another way to save money while improving their health.

Earn credits to use in the hospital cafeteria or gift shop just for using certain services!

HOW DOES THIS INCENTIVE WORK?

From January 1, 2023 - December 31, 2023, if you have certain preventive procedures performed at Middlesex Health, the Outpatient Center, or the Shoreline or Marlborough Medical Centers, you will receive a certificate redeemable for credit to use in the Health cafeteria or gift shop.

The credit is only available for benefit-eligible employees of Middlesex Health System. *However, employees do not need to receive their medical insurance through Middlesex Health in order to qualify for these credits. (For example, if you qualify for benefits at Middlesex Health, but you instead obtain your medical insurance through your spouse, you are still eligible for this credit.)*

HOW DO I RECEIVE THE CREDITS?

When you have an eligible procedure performed at one of the qualifying MH facilities:

1. Complete a "Preventive Procedure Credit" form (at the end of this document) and turn it into the Human Resources Department.
2. Human Resources will verify that you met the guidelines, and will send you a certificate for the number of credits you've earned.
3. Take the certificate to the cafeteria. The amount will be added to your employee ID badge. You can then use it in either the cafeteria or gift shop to pay for any purchases you make.

If your badge already is linked to payroll deduction, then the credit amount will be used first. Only when your credit amount has been completely used will your badge then revert back to normal.

WHAT PROCEDURES ARE ELIGIBLE FOR THE CREDIT?

The following procedures are available for credit, and the dollar amount of the credit is listed next to each one:

- Colonoscopy Screening (age 50 or older, no more than one per year) **\$100 credit**
- Routine Mammography Screening (age 40 or older, one per year) **\$20 credit**
- Bone Density Screening (age 60 or older, one every 23 months) **\$30 credit**
- Smoking Cessation (smoke free for six months) **\$50 credit offered once**

WHEN WILL I SEE THE CREDITS?

You will receive your credit certificate within 30 days of submitting the "Preventive Procedure Credit" form to Human Resources by January 20, 2024.

Please contact the Benefits team at 860.358.6384 or 860.358.4647 with any questions

Preventive Procedure Credit Form

For benefit-eligible employees: Submit this form to receive cafeteria/gift shop credit.

Please note: By choosing to submit this form, you are giving Middlesex Health permission to verify that you received a colonoscopy, a mammogram or a bone density screening at one of the qualifying Middlesex Health facilities on the date you provided.

PLEASE COMPLETE THE FOLLOWING INFORMATION (*PLEASE PRINT*)

Name _____ Date of Birth _____

I had one of the following procedures performed on the following date:

- | | |
|-------------------------------------------------|-------------|
| <input type="checkbox"/> Colonoscopy | Date: _____ |
| <input type="checkbox"/> Mammogram | Date: _____ |
| <input type="checkbox"/> Bone Density Screening | Date: _____ |

I had this done at the following location:

- ☐ Middlesex Health
- ☐ Outpatient Center (Saybrook Road, Middletown)
- ☐ The Shoreline or Marlborough Medical Center

I have successfully completed the Smoking Cessation Program:

☐ Date: _____

Signature _____

Phone _____

THIS FORM MUST BE SIGNED AND RETURNED TO HUMAN RESOURCES BY JANUARY 20, 2024 TO BE ELIGIBLE FOR THE CREDITS.