INNOVATION:
THE INTERSECTION
OF TALENT AND
TECHNOLOGY
Dear Friend,

Strong support from our community, continual improvement, and innovation are the critical elements that drive high-quality health care at Middlesex Hospital.

This issue of *Health & Prosperity* recognizes the generosity of many individuals, businesses and foundations. Their support has helped make the innovations highlighted in this report possible: from the screening test for lung cancer that is saving lives, to the power of “big data” being harnessed to prevent infections before they start, to a tool developed at our Hospital to better support patients facing life-limiting illnesses.

These stories are examples of how Middlesex Hospital is bringing together talented physicians, new technology, and patient-centered clinical care to serve our community’s health care needs.

Sincerely,

Laura A. Martino
Vice President, Marketing and Development
At Middlesex Hospital, we don’t just talk about innovation. We bring innovation to life every day. From our state-of-the-art equipment to our expert, award-winning team of doctors, surgeons and nurses, it’s our never-ending commitment to innovation that truly makes us The Smarter Choice for Care.

Within the pages of this report, you will learn about just a few of the innovative ways in which Middlesex Hospital is upholding its mission of providing the safest, highest quality health care and the best experience possible to our community.

This year, Middlesex Hospital launched a new, standard, color-coded uniform policy for clinical staff. Multiple studies have shown that when patients are able to identify their caregivers, their satisfaction increases. The policy was a direct response to feedback we received from our patients that supported this research.
Marine veteran, Jack Martins, at left, decided to get screened for lung cancer after his wife saw coverage of the event by WTNH-TV 8 health reporter, Jocelyn Maminta (right).
Jack Martins, a U.S. Marine veteran, smoked four packs of cigarettes a day for 53 years. That was until 2013, when he discovered he had lung cancer.

In November of that year, Jack’s wife, Marianne, happened to be watching a news broadcast on WTNH-TV. Health reporter Jocelyn Maminta was reporting on an annual lung cancer screening program for veterans offered at the Middlesex Hospital Cancer Center. The program provides free, low-dose CT scans for veterans who are current smokers or have an extended history of smoking.

Jack’s wife knew that Jack was a perfect candidate for the screening, so she encouraged him to attend the event the next day. A few days after the screening, Jack got the news. He had Stage 1a lung cancer and would have to undergo surgery to remove the cancerous nodule on his lung. That was the same day that Jack stopped smoking.

Lung cancer kills more people than prostate cancer, breast cancer and colon cancer combined. There are typically no symptoms until the cancer has advanced to a late stage, which is normally incurable. Veterans are at higher risk for lung cancer than civilian populations because of higher smoking rates and exposure to known carcinogens during active duty.

The low-dose CT program at Middlesex Hospital was an innovator in the effort to detect early-stage lung cancer. Detecting lung cancer at an early stage through screening provides the best chance for cure. Middlesex Hospital recommends screening for current and former smokers aged 55-74. The test takes 10 minutes and is covered by private insurance and Medicare.

Today, Jack is cancer free. Because his lung cancer was detected at the earliest stage, he did not have to undergo chemotherapy or radiation.

After his ordeal, Jack sent a personal e-mail to Maminta, thanking her for helping Middlesex Hospital to spread the word about the veterans lung screening. Jack himself has now become an ambassador for the program, promoting the screening to other veterans, friends and family. “I tell everyone I meet about the screening,” Jack says.
A Computerized “Brain” Helps Save Lives

Sepsis is a potentially life-threatening complication of an infection. Sepsis occurs when chemicals released into the bloodstream to fight the infection trigger inflammatory responses throughout the body. This inflammation can trigger a cascade of changes that can damage multiple organ systems, causing them to fail.

If sepsis progresses to septic shock, blood pressure drops dramatically, which may lead to death.

Anyone can develop sepsis, but it’s most common and most dangerous in older adults or those with weakened immune systems. Early treatment of sepsis, usually with antibiotics and large amounts of intravenous fluids, improves chances for survival.1

According to the Institute for Health Improvement, sepsis is a significant problem, with severe sepsis and septic shock affecting more than 750,000 people in the United States each year, with mortality rates as high as 30-50 percent.

Middlesex Hospital is now using a special computer “brain” as part of its Electronic Health Record (EHR), to prevent deaths from sepsis.

The electronic brain is called the “St. John’s Sepsis Tool.” As information about a patient’s condition is added into the electronic health record (EHR) on the computer, the program continually monitors numerous parameters and follows an established algorithm to identify patients who may have sepsis — and then alerts clinicians immediately. Evidence has shown that this system will often identify people who are in the early stages of sepsis before it becomes clinically apparent to doctors, nurses or other clinical staff. Moreover, this same computer program can also act as an early warning system to identify a patient showing signs of possible clinical deterioration, even if not from sepsis.

Although Middlesex Hospital was already below the national average for sepsis deaths — and has one of the lowest rates in the state — the Hospital has lowered its rate of sepsis deaths by 21% and length of stay for sepsis patients by 5%, since it began using the new computerized tool in early 2014. In addition, the tool has helped dramatically increase the early identification of patients with sepsis between 2013 and 2014 — by more than 30%.

A New Approach Adds Comfort and Support

Being told you have a life-limiting illness is difficult news to absorb for both patients and their families. The natural reaction of most patients, and their physicians, is to choose the option to fight the illness at any cost. But often, there is a lot of pain and suffering that goes along with aggressive treatment. By utilizing palliative care and hospice services when appropriate, patients and their families can have the added option of comfort and improved quality of life. In fact, it has been shown that, in some cases, patients who are referred to palliative and hospice services earlier in the process of their illness often live longer than if they had not received these services.

The Middlesex Hospital Hospice and Palliative Care program has developed a groundbreaking assessment tool to determine whether or not a patient can benefit from palliative or hospice care services. The tool is called the “Decision Aid for Palliative Referral” (DAPR) and it is the first, evidence-based, hospice and palliative care screening tool available anywhere.

The assessment, which collects specific data about a patient’s health condition, physical symptoms, psychosocial, financial and spiritual concerns, is currently being introduced to physicians and other clinical staff at Middlesex Hospital. The tool is intended to help them screen patients and make referrals for those who meet the criteria for palliative care or hospice services.

According to William Zeidler, M.D., Medical Director of the Middlesex Hospital Hospice and Palliative Care
Program, “Hospice and palliative care are not about dying. They are truly about trying to live to the best of one’s ability, until the moment you die.” The goal of the new DAPR assessment tool is to do just that for patients – help them live out their lives to the fullest, with as much comfort and support as possible.
The goPINK Project, which takes place in October during breast cancer awareness month, was started by EG Salon in 2010 and now involves 40 businesses who have raised over $100,000 to benefit our Cancer Center.

Innovation in Fundraising

What do pink hair, volleyballs, cars and music have in common? These are just a few of the creative fundraisers that Middlesex Hospital’s community partners have organized to benefit the Hospital.

Fundraising events often require substantial resources in terms of project costs and staff time. We are fortunate that our community partners have become such strong advocates of the Hospital that they have dedicated countless hours to organizing major fundraisers on our behalf, attracting new people to the cause and nearly doubling the proceeds from these events over the past three years.

Since 2012, we have gone from less than twenty partners organizing community fundraising events to nearly 70 partners in 2014.

Middlesex Hospital is grateful to partner with these outstanding community businesses and organizations, and many others, to improve the health and well being of individuals throughout our community.

Partners for a Healthy Community
The longest standing community fundraising event to benefit the Hospital is the Hospice Golf Tournament, which was started nearly three decades ago by community volunteers at the Portland Golf Course. To date, the tournament has raised over $500,000.

Last fall, Reynolds Subaru selected the Middlesex Hospital Shoreline Medical Center as a beneficiary of its national “Share the Love” fundraiser, in which up to $250 was donated for each car sold during the promotion for a total of $9,000.

Additional support has come from such innovative community events as Tanger Outlets’ “Pink Style” coupon sales, the “No Beach Volleyball Tournament” in Middlefield, the Westbrook Elks’ “Beach Jam for Breast Cancer” on the Connecticut shoreline and the annual “Appetite For Life.” Even the simplest fundraisers can have an impact, including high school and middle school sports teams who raise funds to support the Hospital throughout the year.
The ongoing support of our donors plays a key role in allowing Middlesex Hospital to develop new and innovative programs to address the needs of our patients. With your support, we continue to discover new and creative ways to improve the health and well being of our community by providing quality health care services with caring, compassion and skill. Middlesex Hospital extends its sincere thanks for the continuing support of so many who believe in the value of our mission and who have helped us sustain the highest level of care for our patients.

Sincerely,

Vincent G. Capece, Jr.
President/CEO

YOUR ROLE IS KEY

GIVING BY CONSTITUENCIES
TOTAL $2,455,606

- Individuals: $1,394,484
- Organizations: $216,839
- Businesses: $463,040
- Foundations: $471,243

GIVING BY FUND
TOTAL $2,455,606

- Cancer Center: $347,666
- Other: $159,670
- Hospice and Palliative Care: $273,683
- Capital Equipment and Construction: $1,030,018
- Unrestricted: $644,569
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The Middlesex Hospital Wall of Honor recognizes those friends of the Hospital who have made cumulative gifts of $5,000 or more over time. The following are the names of these committed individuals, families, organizations and foundations listed on the Wall of Honor.

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In April of 2014, a community open house was held to mark the grand opening of the new Middlesex Hospital Shoreline Medical Center in Westbrook. The event featured public tours of the facility as well as a health fair. The Medical Center also now houses the Valentine H. Zahn Community Gallery, which features rotating exhibitions of work by local professional, amateur and student artists.
CRESCENT SOCIETY

In recognition of the importance of the Hospital to the community, the Crescent Society is not only symbolic of the contributions made to the actual facility, but also of the foundation this level of generous support provides for the institution.

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Special events in 2014 included the Hospital’s annual golf tournament, held at the TPC River Highlands in Cromwell, a benefit for the Middlesex Hospital Cancer Center; along with A Vintner’s Table, featuring guest chef, Christopher Covelli, held at a private home in Fenwick, to benefit the Middlesex Hospital Cancer Center and Hospice and Palliative Care.
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As part of the annual goPINK event, La Boca Restaurant in Middletown held a special fundraiser, in support of breast cancer services at Middlesex Hospital, that featured wine and beer tastings, raffles, and musical entertainment.
HERITAGE CIRCLE

The Heritage Circle recognizes and honors special friends who have provided for Middlesex Hospital’s future in their own financial and estate plans. This generous foresight includes a provision in a will, the establishment of a trust or a future gift of life insurance, stocks, real estate or other types of gifts. Members of the Heritage Circle provide the Hospital with necessary funding to meet the future health care needs of the community.

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Every December, Middlesex Hospital’s Hospice & Palliative Care Program offers a special way for community members to honor and memorialize family and friends during the holiday season, through its “Tree of Lights” program.

* Members of the Heritage Circle who have passed away. Their support of Middlesex Hospital and gifts through their estates will be appreciated for years to come.
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Yaa Asare
Amber Fern Ash
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Christine Daniele
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Lee Darby
Sandee Dama
Anne Daugirda
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Rocco and
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Since 2009, the Sandy Peszynski Breast Cancer Foundation and Paul’s and Sandy’s Too of East Hampton, CT has been supporting the Middlesex Hospital Comprehensive Breast Center by raising funds from special events throughout the year. In 2014, members of the Peszynski family presented a check for $32,500 to the Center. To date, the Foundation and Paul’s and Sandy’s Too have donated a total of $143,910 to the hospital for breast cancer services.
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Steven C. Miller
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Mr. and Mrs.
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Mr. Joseph S. Russo
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Jeanne Ruszala-Herbst
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Viola V. Rutty
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Lisa D. Sagnella
Catherine Sajek
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Salvatore Salafia
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Mary Sandor
Linus L. Sanstrom
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Sebastiano Santacroce
Vincent Santacroce
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Henry F. Santos
Albert and Eleanor Santostefano
Christine Santostefano
Louis J. Santostefano, Sr.
Joseph and Mary Sapanski
Giuseppe Saraceno
John C. Sarette
Malcolm Sarro, Jr.
Eleanor A. Sarnowski
Sasha-Girl
Mrs. Betty Savage
Alice Sayers
We worked carefully to ensure the completeness and accuracy of these lists. We apologize for any mistakes, misspellings or omissions and ask that you contact Sally Ann Lee at 860-358-4065 to correct any errors.
Save the dates
Middlesex Hospital Office of Philanthropy 2015 Events

Valentine H. Zahn Community Gallery at Middlesex Hospital
Shoreline Medical Center
April 3 – May 31: Lyme Academy College of Fine Arts (Reception on Friday, May 1)
June 4 – August 31: Madison Art Society (Reception on Thursday, June 4)
September 10 – October 25: New England Large Format Photography Collective (Reception on Thursday, September 10)
October 29 – January 10, 2016: Shoreline Artists Workshop (Reception on Thursday, October 29)

Middlesex Hospital Golf Tournament
Monday, June 1
TPC River Highlands, Cromwell
A benefit for Middlesex Hospital Cancer Center. Includes a limited field of golfers, buffet lunch and dinner, on-course refreshments and a high-quality player gift.

Hospice & Palliative Care Golf Tournament
Tuesday, September 8
Portland Golf Course
Community members and businesses come together for the 29th annual tournament to support Middlesex Hospital Hospice & Palliative Care.

goPINK
Wednesday, October 7 – kickoff party at La Boca Restaurant, Middletown
Continues the entire month of October.
Dozens of salons, businesses and schools raise funds to support women facing breast cancer.

Tree of Lights
Tuesday, December 1
Tree lighting at Middlesex Hospital.
Lights on the tree shine in memory or honor of loved ones to benefit Middlesex Hospital Hospice & Palliative Care.

For more information on Office of Philanthropy Events, please contact us at (860) 358-6200 or info@midhosp.org.

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